



**COLLEGE OF PHARMACEUTICAL  
SCIENCES, DEHRADUN**

*Affiliated to Veer Madho Singh Bhandari Uttarakhand Technical University*

*Approved by Pharmacy Council of India | Established 2018*



## THE PHARMA CHRONICLE

Volume III · Issue 2

*February 2025 – July 2025*

*— A Record of Events, Achievements & Milestones —*

## FROM THE CEO'S DESK

*The Pharma Chronicle · Volume III · Issue 2 · February 2025 – July 2025*



As we present the inaugural issue of our college newsletter, I feel a profound sense of pride in the collective achievements of our institution. Over the past six months, from August 2022 to January 2023, Guru Nanak College of Pharmaceutical Sciences has witnessed remarkable growth and dynamic engagement across academic, cultural, and social domains. From insightful seminars on pharmaceutical research and workshops on intellectual property, to vibrant celebrations of our national and cultural heritage, energetic sports events, and meaningful community outreach initiatives, this period truly reflects the spirit and dedication of our academic community.

I extend my sincere appreciation to the editorial team for their dedication and creativity in bringing together this publication. Their efforts have ensured that our collective accomplishments are thoughtfully documented and shared.

*— Mr. Bhupinder Singh Arora, CEO*

**FROM THE PRINCIPAL'S DESK**



The closing months of the 2024-25 academic year, February through July 2025, represented a time of harvest — of examinations completed, dissertations defended, competitions won, and ambitions set for the year ahead. This issue captures those months and the quiet but profound sense of achievement that permeated the campus. I am particularly grateful to our final-year students who moved through their research projects with discipline and persistence. Their work, much of it now appearing in peer-reviewed journals, represents the beginning of research careers that will shape Indian pharmaceutical science in the coming decades. I congratulate every member of the graduating cohort and wish them abundant success in the world beyond our gates.

***— Dr. S. Duraivel, Principal***

# FROM THE EDITOR'S DESK

*Issue 6 · February 2025 – July 2025*



The sixth issue closes the 2024-25 academic year on a note of achievement and gentle reflection. We have tried, in our selection of content, to honour both the high-visibility competitive wins and the quieter, unnoticed effort that goes into every successful event. The team that produces this newsletter is itself sustained by such quiet effort, and we are grateful for the student volunteers and faculty mentors who make it possible.

**– Ms. Kriti Dabral, Editor**

# ABOUT THE COLLEGE

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## *Guru Nanak College of Pharmaceutical Sciences, Dehradun*

Guru Nanak College of Pharmaceutical Sciences, Dehradun, was established in 2018 under the aegis of the Northern Institute of Management & Studies Society. The College is affiliated with Veer Madho Singh Bhandari Uttarakhand Technical University and is approved by the Pharmacy Council of India. Situated in Jhajhra on the Chakrata Road in Dehradun, Uttarakhand, the institution offers Pharmacy programs designed to produce graduates who are technically competent, ethically grounded, culturally rooted, and professionally ready.

The College's vision is:

- To emerge as a Centre for Excellence in Pharmacy Education and Research. Guru Nanak College of Pharmaceutical Sciences, Dehradun is committed to promote quality education in the field of pharmacy to produce skilled and knowledgeable pharmacists to manage the pharmaceutical industry and to cater the needs of health services, aimed to meet the challenges to the pharmacy profession.

GNCPS follows the following mission statements:

- To impart holistic and multidisciplinary pharmacy education that integrates Indian Knowledge Systems, ethical research practices, and global best standards, fostering innovation and lifelong learning.
- To promote inclusive, equitable, and industry-responsive academic programs that empower students with 21st-century skills, digital competencies, and sustainable healthcare solutions.
- To cultivate a research-driven ecosystem that advances pharmaceutical sciences through interdisciplinary collaboration, regulatory compliance, and community engagement.
- To nurture ethical leadership and social responsibility among pharmacy professionals by embedding sustainability, gender equity, and environmental stewardship into institutional practices.

The College's PEO's are as follows

PEO1: Graduates will demonstrate comprehensive knowledge in pharmaceutical sciences, integrating multidisciplinary learning, Indian Knowledge Systems, and ethical practices to address contemporary healthcare challenges.

PEO2: Graduates will engage in advanced research, innovation, and collaborative projects that contribute to sustainable drug development, regulatory compliance, and translational healthcare solutions.

PEO3: Graduates will be equipped with 21st-century skills, digital fluency, and entrepreneurial mindset to thrive in diverse pharmaceutical sectors including industry, academia, and public health.

PEO4: Graduates will uphold values of equity, sustainability, and community engagement, contributing to responsible healthcare practices and environmental stewardship.

PEO5: Graduates will evolve as ethical leaders and lifelong learners, committed to continuous professional development, policy advocacy, and global best practices in pharmacy.

# THE PERIOD AT A GLANCE

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*February 2025 – July 2025*

The period documented in this issue — February 2025 – July 2025 — represented a particularly vibrant chapter in the life of Guru Nanak College of Pharmaceutical Sciences, Dehradun. Across the semester, the institutional calendar was populated with distinct events ranging from carefully-curated research seminars to student-led cultural festivals, from health-awareness camps to inter-class sports tournaments. Each of these events, documented in detail across the pages that follow, contributed in its own way to the rounded education that the College strives to offer.

Equally significant was the calibre of recognition our students earned at external competitions, carrying the Guru Nanak name to inter-institute, regional, and national platforms. These wins are celebrated with pride in the Awards section of this issue, and they serve as beacons of inspiration for students yet to take that first competitive leap. Taken together, the events and achievements of this semester reflect a campus in full, confident motion.

# PUBLICATIONS HIGHLIGHT

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*Research & Scholarly Output during February 2025 – July 2025*

The faculty and students of Guru Nanak College of Pharmaceutical Sciences, Dehradun have consistently contributed to the field of pharmaceutical research through publications in reputed national and international peer-reviewed journals. Their work covers a wide range of areas, including herbal formulations, nanoparticle development, phytochemistry, drug delivery systems, ocular therapeutics, antimicrobial resistance, environmental toxicology, clinical pharmacy, and pharmacognosy. This diversity highlights both the wide scope of research interests within the institution and its strong commitment to advancing original scientific knowledge.

To foster this research-oriented environment, the College actively promotes scholarly engagement through its Research Club, regular workshops on literature review and scientific writing, and training sessions on statistical analysis and reference management tools. Emphasis is also placed on maintaining high standards of publication ethics. Final-year students are mentored through dissertation projects, many of which are now translating into publications in peer-reviewed journals, with 2025 witnessing a notable increase in student-led research outputs.

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# Events & Activities

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*Events from February 2025 – July 2025*

*A chronicle of the seminars, workshops, celebrations, sports tournaments, and cultural programmes that shaped our campus life during this period.*

## Table Tennis Tournament

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The Table Tennis Tournament fostered a spirit of healthy competition, teamwork, and sportsmanship among students. Organised by the Sports Club with participation from 60 students, the event focused on indoor gaming skills and improving reflexes. The matches created an engaging environment where students competed with enthusiasm and mutual respect.

Each game reflected discipline, focus, and resilience, reinforcing essential values beyond academics. Participants developed coordination, quick decision-making abilities, and strategic thinking. Such activities not only provide recreation but also contribute to the overall physical and mental development of students, preparing them for future professional challenges.



## Innovation & IPR Quiz

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The Innovation & IPR Quiz was organised by the Entrepreneurship Club with participation from 38 students to enhance awareness of intellectual property rights. The event focused on concepts such as patents, trademarks, and copyrights, which play a vital role in the pharmaceutical industry.

Through an engaging quiz format, students gained clarity on filing, protecting, and managing intellectual property. The competition encouraged analytical thinking and knowledge retention while rewarding top performers. Such initiatives ensure that students are well-prepared for careers in research, regulatory affairs, and pharmaceutical business environments.



## Mother Language Day

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Mother Language Day was celebrated on campus to honour linguistic diversity and cultural heritage. Organised by the Cultural Club with 70 participants, the event included readings, discussions, and cultural presentations reflecting various languages. Students actively engaged in showcasing their linguistic identity and creativity.

The program fostered respect for cultural diversity and strengthened communication skills. Such celebrations contribute to the development of culturally aware and socially responsible professionals.



## Women's Cultural Meet

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The Women's Cultural Meet was organised by the Cultural Club with participation from 95 students, focusing on empowerment and creative expression. The event provided a platform for students to showcase talents such as dance, music, poetry, and drama. The program encouraged confidence, leadership, and self-expression among participants.

It also highlighted the importance of cultural engagement in personal development. The event reinforced the idea that well-rounded professionals excel not only academically but also culturally and socially.

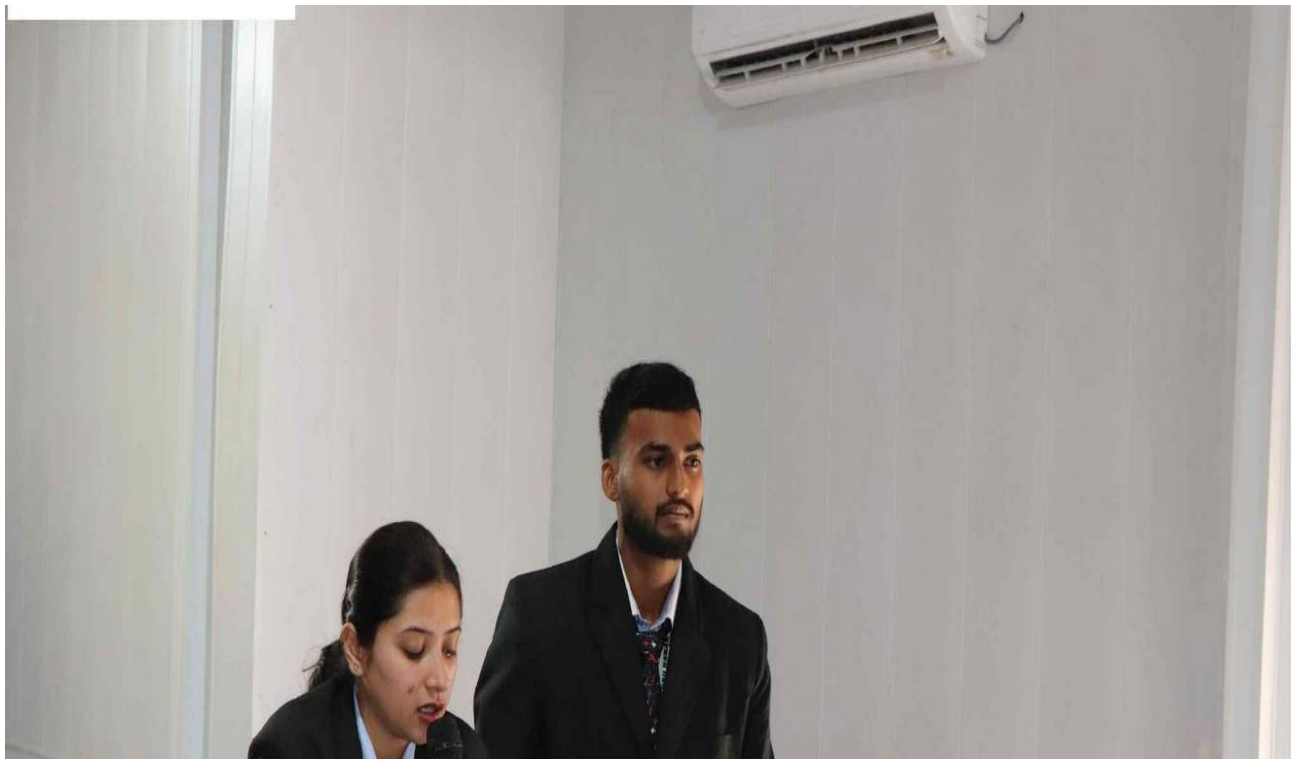


## Student Startup Demo Day

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The Student Startup Demo Day, organised by the Entrepreneurship Club with 60 participants, encouraged students to present innovative business ideas. The event provided hands-on exposure to startup development, including idea validation and market analysis. Participants demonstrated creativity, problem-solving, and presentation skills while receiving feedback from mentors.

The activity nurtured entrepreneurial thinking and prepared students for real-world challenges. It also motivated them to explore startup opportunities in the pharmaceutical sector.



## Cricket Practice Camp

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The Cricket Practice Camp brought together 90 students to develop their batting, bowling, and fielding skills. Organised by the Sports Club, the camp promoted teamwork, discipline, and physical fitness.

Students participated actively in practice sessions and friendly matches, improving their coordination and game strategies. The camp also strengthened team bonding and leadership qualities. Such initiatives contribute to building a balanced lifestyle alongside academic pursuits.



## **Research Seminar on Orientation to Entrepreneurship for Aspiring Pharmacists**

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This seminar, led by Mr. InderPal Singh Chawla, aimed to introduce students to entrepreneurship in the pharmaceutical field. It encouraged participants to think beyond conventional career paths and develop a business-oriented mindset.

Students explored business planning, market evaluation, and financial feasibility through interactive discussions. The session enhanced their confidence in presenting ideas and understanding startup ecosystems. It reinforced the College's focus on nurturing future innovators and entrepreneurs.



## Yoga for Stress Management

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The Yoga for Stress Management session, organised by the Sports Club with participation from 130 students, focused on promoting mental well-being and reducing academic stress. The session provided practical exposure to yoga techniques and relaxation exercises. Students learned methods to manage stress, improve concentration, and maintain emotional balance.

The activity highlighted the importance of holistic health in professional life. It encouraged students to adopt healthier routines for long-term well-being.



## World Dance Day

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World Dance Day was celebrated with enthusiasm, bringing together 85 students to showcase their artistic talents. Organised by the Cultural Club, the event highlighted creativity, cultural diversity, and performance skills.

Participants performed various dance forms, reflecting both traditional and modern styles. The event encouraged collaboration, confidence, and stage presence. Such celebrations play a vital role in enhancing personality development and cultural appreciation.



## Tuberculosis Patient Adoption Program

The Tuberculosis Patient Adoption Program, coordinated by Dr. Hrushikesh, provided students with direct exposure to community healthcare. The initiative emphasised the importance of social responsibility in pharmacy education.

Students engaged with patients, gaining insights into real-world healthcare challenges. The program strengthened their understanding of public health and patient care. It also reinforced the College's commitment to community outreach and service.



## Freshers' Sports Meet

The Freshers' Sports Meet welcomed 150 new students through a series of energetic and engaging sports activities. Organised by the Sports Club, the event introduced freshers to the importance of physical fitness and teamwork.

Students actively participated in various games, building connections with peers and seniors. The event created a lively and inclusive atmosphere on campus. It helped new students integrate into college life while promoting a healthy and active lifestyle.



## VidyaAarambh 2025 (25-31 Jul 2025)

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VidyaAarambh 2025, coordinated by Dr. Nidhi Chatterji, was conducted as part of the College's orientation and engagement initiatives. The week-long program focused on enhancing the student experience and introducing them to various academic and extracurricular opportunities.

Activities included interactive sessions, workshops, and team-building exercises. Students developed communication skills, confidence, and a sense of belonging within the institution. The program played a crucial role in shaping a positive and motivating start to their academic journey.



# FACULTY CORNER

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## *Voices from the Teaching Community*

The faculty of Guru Nanak College of Pharmaceutical Sciences brings together decades of collective experience in pharmaceutical education, research, and industry practice. In this feature, we share brief perspectives from members of our teaching community on the semester that has been — what stood out, what surprised them, and what they carry forward into the next.

*“The true purpose of pharmacy education is to cultivate professionals who understand that every prescription carries a human story behind it.”*

**— Dr. S. Duraivel**

*Principal*

*“Pharmacy is more than a profession — it is a lifelong responsibility to ensure safe, effective, and compassionate healthcare delivery.”*

**— Mr. Manoj Singh**

*Associate Professor*

*“Our goal is to nurture pharmacists who think critically, act responsibly, and serve society with dedication and care.”*

**— Mr. Ram Kishor**

*Associate Professor*

# Awards & Achievements

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*Recognitions from February 2025 – July 2025*

*Our students have represented Guru Nanak College at inter-institute, regional, and national-level competitions. The following pages celebrate their successes.*

## **Student Startup Demo Day — 1st Position**

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This accomplishment marks a moment of pride for Guru Nanak College of Pharmaceutical Sciences, Dehradun. The award was secured in the “Student Startup Demo Day” with a 1st position by Harsh Pant from Guru Nanak College, Dehradun. The institution extends sincere congratulations to the achiever and acknowledges the dedication, hard work, and preparation that contributed to this success.

Competitions of this level bring together talented participants from diverse institutions, making every achievement significant. Such recognition reflects both individual excellence and the strong academic environment fostered by the College. The guidance of faculty members, support of coordinators, and encouragement from peers collectively play a vital role in such accomplishments.

## **Student Startup Demo Day — 2nd Position**

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Every achievement by a student of GNCPS represents a shared success for the entire academic community, including faculty, mentors, peers, and family members. In the “Student Startup Demo Day,” Akshit Bhatt from Guru Nanak College, Dehradun secured the 2nd position.

The College strongly promotes participation in external competitions as they provide exposure to diverse ideas, higher levels of competition, and valuable learning experiences. This recognition highlights the student’s capability and determination, while also reflecting the supportive and growth-oriented environment cultivated by the institution.

## **Student Startup Demo Day — 3rd Position**

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This achievement adds to the list of proud moments for Guru Nanak College of Pharmaceutical Sciences, Dehradun. The award was earned in the “Student Startup Demo Day” with a 3rd position by Aditya Kumar from Guru Nanak College, Dehradun. The College conveys its heartfelt appreciation for the effort, discipline, and commitment demonstrated by the student.

Events of this nature provide a platform for students to compete with peers from various institutions, enhancing their skills and confidence. Such accomplishments are the outcome of consistent support from faculty, mentors, and fellow students, reflecting the institution’s strong culture of excellence and collaboration.

# CAMPUS LIFE GALLERY

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*Moments from February 2025 – July 2025*

A campus is, at its best, a mosaic of moments — the shared laugh in a corridor, the quiet concentration of a laboratory, the roar of a sporting victory, the hush of a research presentation. The pages that follow invite readers to see this semester through a gallery of such moments.





# STUDENT VOICES

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## *Reflections from the GNCPS Student Community*

A college newsletter would be incomplete without the voice of its students. In this section we share brief reflections from our students — on what the semester meant to them, on the events that left a mark, and on the friendships and learning that defined their time on campus during this period.

*"What I carry away from this semester is not just the knowledge but the confidence. The Research Club workshops taught me to read a scientific paper critically, and I now feel ready to contribute my own research to the literature."*

**— Amit Thakur, Final-Year Student, B. Pharm**

*"The cultural events on campus gave me a chance to discover sides of myself I didn't know existed. I signed up for a dance performance as a dare and ended up helping coordinate three more. GNCPS has a way of drawing the best out of its students."*

**— Megha, Third-Year Student, B. Pharm**

*"The industry visits and seminars from external experts opened my eyes to the many career paths in pharmacy. I came to college thinking of one profession; I am leaving this semester with awareness of at least five."*

**— Nikita Prakash, Second-Year Student, B. Pharm**

*"My induction at GNCPS set the tone for everything that followed. Seniors welcomed us warmly, faculty members were approachable, and by the end of the first week the campus felt like a second home."*

**— Kritika Raj, First-Year Student, B. Pharm**

# ALUMNI CORNER

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## *Reflections from the Extended GNCPS Family*

Our alumni carry the spirit of Guru Nanak College into every workplace and every professional community they join. In this feature we share brief messages from alumni who graduated in earlier batches and are now practising pharmacy in various capacities across India and abroad. Their reflections remind current students that the journey from B. Pharm to professional pharmacist is as much about character as it is about curriculum.

*"The patient-counselling sessions at college felt like minor exercises at the time, but in my current role at a multi-speciality hospital they turn out to have been the most valuable training I received. The faculty's insistence on empathy and clarity has defined the kind of pharmacist I have become."*

**— Ishrat Akhbar, GNCPS Alumna**

*"Looking back, the research methodology workshops at GNCPS were far ahead of what most undergraduate programmes offer. Arriving at my first R&D job with an actual understanding of literature review, experimental design, and publication ethics put me several steps ahead of my peers from other institutions."*

**— Sunil Jamatia, GNCPS Alumnus**

*"The IPR and regulatory seminars on campus may have seemed dry at the time, but they planted seeds that grew later. Today I work in regulatory affairs at a leading pharma company, and I owe that career to the foundational exposure I received at GNCPS."*

**— Nitish Kumar, GNCPS Alumnus**

*"Running my own retail pharmacy in Dehradun has been the most fulfilling work of my life, and the entrepreneurial exposure I received at college convinced me I could do it. I visit GNCPS every year now to speak with current students — it is my small way of giving back to an institution that shaped me."*

**— Saloni Priya, GNCPS Alumna**

# PUBLICATIONS HIGHLIGHT

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## *Research & Scholarly Output during February 2025 – July 2025*

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# LOOKING AHEAD

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## *What the Coming Semester Holds*

As this issue goes to press, preparations are already underway for the next semester, which will bring fresh cohorts, fresh events, and fresh opportunities for growth. Our calendar includes continued sessions of the Research Club with a focus on advanced research methodology, regular Entrepreneurship Club events designed to stretch student thinking on venture creation, Sports Club tournaments that keep the competitive spirit alive across all four batches, and Cultural Club programmes marking the festivals and national days that punctuate the academic calendar.

Faculty members will continue to deliver research seminars on cutting-edge topics; guest speakers from the pharmaceutical industry, regulatory agencies, and academia will visit the campus through the Industry-Academia engagement cell; and students will participate in external competitions that carry the name of Guru Nanak College to the regional and national stage.

Readers of this newsletter can expect the next issue to document those months with the same care and warmth they have come to expect. Until then, we invite every member of the GNCPS family to engage enthusiastically with the opportunities the campus continues to offer.

# CREDITS & ACKNOWLEDGEMENTS

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## Disclaimer

The content of this newsletter is compiled from institutional records, event reports, and inputs from faculty and student coordinators. While every effort has been made to ensure accuracy, the editorial team welcomes corrections and suggestions for future issues.

# THE PHARMA CHRONICLE

*Volume III · Issue 2*

February 2025 – July 2025

*“Education’s purpose is to replace an empty mind  
with an open one.”*

*—Malcolm Forbes*

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